



## Acknowledgement of Risk Due to COVID-19 Pandemic

Coronavirus, otherwise known as COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. Northborough Fitness is complying with all guidelines set by state, local and/or federal government in regard to COVID-19.

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To comply with public health guidelines and best practices during the COVID-19 pandemic, Northborough Fitness has implemented certain rules and regulations regarding use of the equipment and facility during the COVID-19 pandemic by a member or guest who has traveled. NBF respectfully requests that you evaluate your own personal situation and complete this form prior to accessing and using the facility and any equipment within.

By participating in any NBF classes or using the NBF facility, you are voluntarily accepting all risks and hazards, known and unknown, arising out of or relating to the COVID-19 pandemic. By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you may be exposed to or infected by COVID-19.

Prior to using any NBF facilities, all residents who have traveled and any family guests expressly agree that they meet all the following criteria:

I have not flown on any commercial airline in the last 14 days.

I do not have a fever, cough, shortness of breath or difficulty breathing, muscle aches, chills, sore throat, headache, chest pain or other known symptoms of COVID-19.

I have not knowingly been in contact with a confirmed COVID-19 patient, or a person exhibiting signs or symptoms consistent with COVID-19 in the last 14 days.

Since arriving in Massachusetts, I have quarantined for a minimum of 14 days or I have been tested and found to be negative for COVID-19 on date: \_\_\_\_\_

I have not been out of the country during the last 14 days; and

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Member Name (Printed)

Date

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Member Signature

Please sign and hand in this form prior to facility use / or email the completed form to [staff@northboroughfitness.com](mailto:staff@northboroughfitness.com). Thank you.